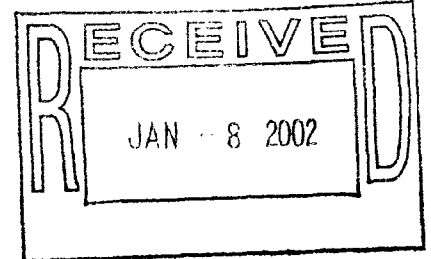


Natural Factors Nutritional Products Inc.

5889 02 JAN 23 19:35

December 3, 2001

Food and Drug Administration
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
200 C St. SW
Washington, DC 20204



Dear Sir or Madam:

This is to provide the required information to comply with our obligation under DSHEA labeling regulations.

Supplement: Silica

Manufacturer, packer: Natural Factors Nutritional Products, Ltd.
1550 United Blvd.
Coquitlam, B.C.
Canada V3K 6Y7

Distributor: Natural Factors Nutritional Products, Inc.
1111 80th St. SW, Suite 100
Everett, WA 98203

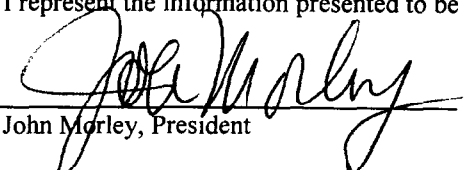
Text of side Panel: Natural Factors concentrated Silica extract is derived from an aqueous solution of Horsetail. Horsetail extract contains many important elements found throughout the human body. Abundant in Silica, Horsetail is an organic source of this essential mineral that supports hair, skin, connective tissue and nails.*

Text of PDP: NUTRITIONAL SUPPORT FOR HAIR, SKIN, AND NAILS*

Name of dietary ingredient that is the subject of statement: Silica

Name of dietary supplement: Silica from Horsetail Extract 500mg

I represent the information presented to be accurate and in compliance with supplement label regulations.


John Morley, President


Date

1111 80th Street S.W., Suite 100
Everett, WA, USA 98203
Phone: (425) 513-8800
Fax: (425) 348-9050

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